

# TEAM \_\_\_\_\_

# PRE or POST GROUP

Relationship/Self Disclosure Pre-Post Group

Circle one

Date: \_\_\_\_\_

Answer the questions below with absolute honesty using the Likert Scale, Strongly Agree (SA), Agree (A), Neither Agree or Disagree (NA), Disagree (D) or Strongly Disagree (SD). Just put the abbreviation of your response on the line next to each statement.

1. I am afraid to open up to people in this church group, including my personal challenges living to Christ. 1) \_\_\_\_\_
2. I have never experienced a full disclosure relationship where the person accepted me even a about me. 2) \_\_\_\_\_
3. I have one or more things about myself that I would not want anyone to know about in this c 3) \_\_\_\_\_
4. I do not want to share things with this church group because I am not willing to give the hidd up or deal with the consequences that come with the exposure. 4) \_\_\_\_\_
5. I hesitate to share certain sins with this church group because I am afraid of judgment or reje 5) \_\_\_\_\_
6. I am more connected to someone when they open up their true challenges as a Christian. 6) \_\_\_\_\_
7. I often put on a front in this church group so I can be more accepted by them. 7) \_\_\_\_\_
8. I often do not share personal information in this church group because I am afraid that it will back to hurt me or my family. 8) \_\_\_\_\_
9. I believe that people who share their specific sins with others are foolish. 9) \_\_\_\_\_
10. I believe that it is beneficial to confess my sins to someone other than God. 10) \_\_\_\_\_
11. I am more willing to share my sins when someone else does it first. 11) \_\_\_\_\_
12. I would share, but I don't want someone in this church group to know this about me. 12) \_\_\_\_\_
13. I feel that I can depend on at least one person in this church group to help me when I have m challenges. 13) \_\_\_\_\_
14. I often feel that at least one or more persons in this church group keep me from sharing fully 14) \_\_\_\_\_
15. I find it hard to open up myself to this church group if I perceive that at least one person is hc themselves. 15) \_\_\_\_\_
16. Below are five things that I do not want others to know about me, PRE-GROUP—OR—POST-G five things that I risked sharing with this church group. (These will NOT be linked to your nam
  - a. \_\_\_\_\_
  - b. \_\_\_\_\_
  - c. \_\_\_\_\_
  - d. \_\_\_\_\_
  - e. \_\_\_\_\_

Thank you for participating in this study to determine the connection between developing authentic relationships with other Christians as it relates to self-disclosure.

\*\*\* This should be used in church groups of the same gender. Please note otherwise by circling "mixed" if you answered these questions in a group that is mixed in gender. **MIXED**