

IDENTITY-ZONE DIAGRAM

Do not lie to each other, since you have taken off your old self with its practices and have put on the new self, which is being renewed in knowledge in the Image of its Creator.
Colossians 3:9-10-NIV

WORLD

Situation: Found myself getting deeper into a relationship with a man who is not my husband.

SATAN

FLESH



husband accompanying me less & less on outings

husband said, 'I won't help you around the house.'

● Feeling Unaccepted--Damaged Relationship

● Feeling Accepted--Harmonious Relationship True Acceptance

Triggered by:
- Real Event
- Visual Encounter (TV)

False Acceptance--Flesh-Rush

*ASK

Why do I feel unaccepted right now?
Why do I feel Lonely right now?

RELATIONSHIP ENCOUNTER

*ASK

Why do I feel excitable right now?
Why do I feel flattered right now?

IDENTITY-ZONE



DECISION POINT

...stand firm in Christ.
2 Cor 1:21

Choose

MANUFACTURE IDENTITY

By building up a culturally acceptable false-self

When I feel Unaccepted I:

- Isolate from relationship that hurt (Emotional Distance)
- Turn to relationships where I feel accepted
 - Rebel to hurt the relationship (Resentment & Disrespect)
- Sooth myself with sin
- Isolate myself to avoid conflict or exposure resulting in shame

created distance between husband & I

the other man and girlfriends

told girlfriend of husband's downfalls

Choose

FLESH-RUSH

Feeling Accepted in your manufactured IDENTITY

When I feel Accepted in my manufactured IDENTITY I:

- Foster relationships that notice/accept this about me
- Use it to get noticed
- Spend resources to continue this shallow-destructive path
- EMBRACE my FALSE-SELF

time & energy

Choose

EMBRACE IDENTITY

EMBRACE my IDENTITY in Christ and risk being my TRUE-SELF

RESTORATION

I restore my relationships by:

- Confession
- Repentance
- Forgiveness

told husband about the relationship that I was building with another man

cut off contact with the man

FLESH

SELFISH DISOBEDIENCE

SIN

HOLY SPIRIT FAITHFUL OBEDIENCE

hid cell phone texts by deleting them

And he has committed to us the message of reconciliation.
2 Corinthians 5:19 NIV